



to the Ministry of Children and Family Development if you:

- are in care or receiving services
- think you should receive services

You can do this:

- Talk to your worker about what's going on
- Fill in the complaint form online
- Mail or email your complaint, or
- Call one of the Regional Complaints Consultants

Interior Region Phone: 250 417-4176

Fraser Region Phone: 604 951-5944

Vancouver Coastal Region Toll-Free Phone: 1 888 660-1548

North Region

Phone: 250 992-4165

Vancouver Island Region Toll-Free Phone: 1 888 456-8953

To contact your local ministry office call toll-free **877 387-7027** and ask to be connected to the right person.

Toll-Free Telephone Device for the Deaf (TDD): In Vancouver: 604 775-0303 Elsewhere in B.C.: 1 800 661-8773 talk to your worker or call toll-free



when things **GO WrONG**

- 1. **Talk to your worker** about the problem. This is often the quickest and easiest way to solve a problem.
- 2. If that doesn't work, contact the Regional Complaints Consultant.

If you call the Regional Complaints Consultant:

- 1. The consultant will call you back within two days or sooner and talk to you about your concerns.
- 2. If you haven't already done this, they will help you talk to your worker or the supervisor about what's bothering you.
- 3. If the problem still isn't solved, the consultant will ask the manager to review your complaint and make a decision. You'll receive a letter that explains the reasons for the decision.

If you're still not happy or think the decision is unfair you can contact the Ombudsperson. The Ombudsperson does not work for the Ministry of Children and Family Development. It is the Ombudsperson's job to answer your questions and make sure you are treated fairly by government services. You can contact the Ombudsperson at any time during the process.

Office of the Ombudsperson Toll-Free 1 800 567-3247

Web: www.bcombudsperson.ca

you can get help

You can contact an advocate who will support you in making a complaint. An advocate is someone who can help you get your problem solved. An advocate will help you use your voice so you can be your own best advocate or will speak on your behalf if you need help. They might be a trusted friend, foster parent, caregiver, teacher or worker.

The Representative for Children and Youth is also an advocate that you can call for help.

The Representative for Children and Youth

Toll-Free 1 800 476-3933

Web: www.talktotherep.ca

you can give feedback

We want to hear your feedback—positive or negative. Maybe you just want to give a compliment? Maybe you have an idea for change?

You can use the same written form—or call one of the Regional Complaints Consultants—to talk about what's on your mind.

and remember

- You won't get into trouble.
- We are here to help.
- We want to hear from you.
- You CAN and SHOULD ask for help.
- Your ideas are important.
- You HAVE RIGHTS!

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or email Ihavesomethingtosay@gov.bc.ca

Useful Information and Resources

- MCFD's complaint resolution website at www.mcf.gov.bc.ca/complaints/youth.htm
- MCFD Youth Services www.strongsafesupported.com (Youth section)
- Know Your Rights: A Guide for Young People in Care www.mcf.gov.bc.ca/foster/pdf/know_your_rights.pdf
- Federation of BC Youth In Care Networks
 www.fbcyicn.ca
- Your Life, Your Rights www.fbcyicn.ca/ylyr
- B.C.'s Helpline for Children: **310-1234** is accessible from anywhere in the province (no area code required)

If you would like to talk to someone in your own language, ask your worker for a translator.

Special thanks to COR (The Choices of Reality) Youth Advisory Council of MCFD's Vancouver Coastal Region for their creative and driving force in developing this brochure.